

Counseling and Therapy Insights

By Dr. John Simms, Ph.D.

1). How do you have a very high success rate with your clients/patients?

Answer: For many reasons such as, but not limited to the following down below:

A). I don't allow others (insurance companies, bureaucrats, governing entities, etc) to control me or my clients/patients.

B). I have knowledge, experience, skills, services, resources and other capabilities that the vast majority of my colleagues don't possess.

C). I really care about my clients/patients and I'm determined to help them in any way that I can.

D). My clients/patients trust me and they do what I tell them to do for positive outcomes and results.

E). I try to work with everyone's financial situations and have an insurance alternative called "Simms Care" that benefits many people.

2). Your opinion on counseling and therapy?

Answer: To put it bluntly, I'm not a fan of traditional counseling and therapy for a number of reason. For starters, a lot of counselors, therapists and psychologists nowadays use Cognitive Behavioral Therapy which is ineffective in my opinion especially when it involves depression and dealing with one's everyday life and potential. And many counselors, therapists, psychologists and social workers I've come across lack the necessary knowledge, experience, skills, resources, capabilities and determination to help people. On top of that, too many of them aren't open-minded and lack practicality or realism among other things. However, counseling or therapy often fails when clients/patients in question don't want to improve themselves or the status quo.

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3). Your opinion on Christian counseling?

Answer: Some of it's good, but a lot of it isn't. I also wrote a very informative report on this subject that you can purchase called “Christian Counseling Exposed” for those of you who are interested. Go to <https://payhip.com/b/XGmNR>

About John Simms

Dr. John Simms, PhD is a polymath, multi-business owner, master life strategist, personal potential and empowerment expert, psychotherapist, counselor, philosopher, spiritual advisor, holistic medicine practitioner, health educator, open-minded realist, mentor, author, speaker, creator, etc. And for more information about him, his products, services, programs, opportunities, resources, free tip sheets, videos and audio recordings that could benefit you in so many different ways, please go to www.johnsimms.org

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