

# Simms Hypnosis

By John Simms

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## 1). What is Simms Hypnosis?

**Answer:** Without saying too much, it's a type of hypnosis and system that I (John Simms) created.

## 2). Why did you create Simms Hypnosis?

**Answer:** Four reasons primarily. First reason, I wanted to give clients quicker positive results or changes that could affect them mentally, emotionally and behaviorally. Second reason, on a conscious level, traditional counseling and psychotherapy may be ineffective with certain individuals. Third reason, master hypnotist Jonathan Chase influenced me to create my own version of hypnosis. And fourth reason, I wanted to take advantage of my personal knowledge and capabilities.

## 3). What are the Simms Hypnosis benefits?

**Answer:** Besides rapid positive outcomes and results, it's customizable and synergistic for individuals and therapies not to mention it could be used in various applications or situations.

## 4). Why don't you write a book and/or commercialize Simms Hypnosis?

**Answer:** It's very powerful and it could be exploited easily and harm a lot of people in the wrong hands. After all, with great power, comes great responsibility. However, this is not to say that I wouldn't cautiously teach it to others in the future.

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