

Spiritual Retreats and Mystery Schools

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1). What is your opinion on spiritual retreats?

Answer: Some spiritual retreats are good, but the majority of them in my opinion are a waste of time and money. I say this because several spiritual retreats don't properly address and improve the status quo in which many people temporarily escape reality and then go back home to their normal lives.

2). What is your opinion on mystery schools?

Answer: As with spiritual retreats, some mystery schools are good, but the majority of them are a waste of time and money in my opinion because they don't truly improve people's lives or situations.

Overall, in my opinion, the vast majority of spiritual retreats and mystery schools are a waste of time and money and they can be very expensive. However, some of the best spiritual retreats and mystery schools that I've come across have been free and low cost believe it or not.

Important Note:

If you decide to attend a spiritual retreat or participate in a mystery school, you may want to do some research beforehand and know your intentions and what outcomes or results you're wanting to achieve.

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